

CLINICAL SEMINAR ON DREAMS

New York University

Reading List

Mark J. Blechner, Ph.D.

2022

Fall semester, Tuesdays, 12:00-1:40 p.m., Sep. 6 – Dec. 13, 2022

Week Number:

1. Blechner, M. (2001) *The Dream Frontier (TDF)*, Routledge, Chapters 1 and 2, The Dream Frontier; The analysis and creation of dream meaning.
Freud, S. (1916) *Introductory Lectures 5, 6, 7*.
OPTIONAL: Blechner, 2018, *The Mindbrain and Dreams (TMAD)*, Chapter 1, Introduction, pp. 4-16.
2. Blechner, TDF, Chapters 3, 4, 5. Secondary and Tertiary Revision; Who creates, has, remembers, tells, and interprets the dream?
Freud, *Introductory Lectures*, 8, 9, 11.
3. Blechner, TDF, Chapters 6, 7. Condensation and interobjects; Oneiric Darwinism
Freud, (1900) *Interpretation of Dreams*. Chapter 6-A, B, C. Avon 311-364. SE: 277-329.
4. Blechner, TMAD, Chapter 5, 19;
Freud, (1900) Chapter 6-C, D. Avon 364-385. SE: 329-349.
5. Blechner, TDF, Chapter 9. Vectors of dream interpretation.
Erikson, E. (1954) The dream specimen of psychoanalysis. *Journal of the American Psychoanalytic Association*, 1954, 2:5-56. (Read pp. 7-17; the rest is recommended but optional.)
OPTIONAL: Blechner (2018) *The Mindbrain and Dreams*, (TMAD), Chapter 10, 141-155.
6. Blechner, TDF, Chapters 10, 11. How to analyze dreams: fundamental principles and special topics.
Jung, C. G. The practical use of dream analysis, 1934, 85-110.
OPTIONAL: Blechner (2018) TMAD, Chapter 13, Working with dreams over time, 205-230.
7. Blechner, TDF, Chapters 12, 13. Homonyms and other wordplay; Dream acts: dreams in analysis as actions.
Greenson, R. (1970) The exceptional place of the dream in psychoanalytic practice. *Psychoanalytic Quarterly*, 39:519-549.

8. Blechner, TMAD, Chapter 11, Defenses and dreams, 156-193.
9. Blechner, TMAD, Chapter 9, 120-133. Dream Symbols.
Freud, *Introductory Lectures*, Lectures 10, 29.
Fromm, E. (1951) *The Forgotten Language*. New York: Rinehart. 3-46.
10. Jung, C. G. General aspects of dream psychology, 1916-1948, 23-66.
11. Blechner, TDF, Chapter 15. Kleinian positions and dreams.
Ullman, M. (1994) The experiential dream group: Its application in the training of therapists. *Dreaming*, 4: 223-229.

Optional: Blechner, M., TMAD, Chapter 14, 231-243.
12. Blechner, TDF, Chapters 16, 17. Patient's dreams and the countertransference.
Levenson, E. (1983) *The Fallacy of Understanding*. New York: Basic Books, pp. 181-217.
_____ (1987) *The Ambiguity of Change*. New York, Basic Books, pp. 89-99.
13. Tauber, E. (1954) Exploring the therapeutic use of countertransference data.
Psychiatry, 17: 331-336.
Blechner, TDF, Chapter 18. Clinical use of countertransference dreams.

Optional: Ross, W. & Kapp, F. (1962) A technique for self-analysis of countertransference: Use of the psychoanalyst's visual images in response to patients' dreams. *JAPA*, 10:643-657.

Optional: Watson, R. (1994) The clinical use of the analyst's dreams of the patient. *Contemporary Psychoanalysis*, 30:510-521.
14. Blechner, TDF, Chapter 19. The reallocation of madness.
Sullivan, H.S. Sleep, dreams, and myths. In: *The Interpersonal Theory of Psychiatry*, 1953, New York: Norton, 329-343.
Schizophrenia as a Human Process, New York: Norton, 1962. pp. 83-99.
272-290.
OPTIONAL: Blechner TMAD, chapter 16, Reality judgments, 261-273.
15. Blechner, TDF. Chapters 20, 21, 22 or Blechner, TMAD (2018) Chapter 15: How neuropsychanalysis and clinical psychoanalysis can learn from each other. 237-251.

Yovell, Y. (2000) From hysteria to post-traumatic stress disorder: Psychoanalysis and the neurobiology of traumatic memories. *Neuro-Psychoanalysis*, 2:171-182.
Optional: Freud, IOD, Chapter 7.