

*Clinical Case Seminar*  
*Doing the Work: The Experience of the Analyst and Patient*

This advanced clinical case seminar focuses on the ways *who we are* as people influence *how we are* as analysts. Designed as a forum for open, critical discussion of the theoretical and practical concerns of experienced clinicians, this class attends to the immediate experience of “doing the work.”

Candidates are encouraged to present clinical material to increase awareness of the underpinnings of the analytic voice and become more articulate about how it is formed. The group explores how the unique qualities of each patient, each analyst and each dyad influence analyst participation, and examines the mutual impact of analyst and patient.

Class meetings are organized around various aspects of the analyst patient relationship and are structured to generate class discussion and sharing of experiences. As this is a case seminar, topics and assignments are linked to issues raised by the presentations and the groups interest. Along with analytic readings, the class will use films, plays, memoirs and works of fiction to compliment the case material.

Candidates are asked to keep a journal of life vignettes and practice vignettes throughout the semester.

Overall Course Objectives:

Candidates will gain a deeper understanding of the role that conscious and unconscious material from their own lives plays in influencing their thinking and behavior in the consulting room.

Candidates will develop a greater knowledge of how their personal beliefs and opinions, identifications and affiliations, family history and current life circumstances inform and impact their work with patients.

Along with greater awareness of the underpinnings of their thinking, candidates will enhance the development of their individual analytic voice.

The outline below is a representative sample of seminar sessions rather than a chronological syllabus.

### **Getting to Know You: The Initial Encounter**

Introductions for class

First meetings, initial impressions

Aspects of the referral process// The “special” referral

Is the telephone involved? How much to say before meeting

Setting up a meeting

What do we know before we meet? ?? Should we or shouldn't we, you know....

#### **Learning Objective**

Students will describe the referral process. They will compare and evaluate various types of initial encounters between patient and analyst. Students will consider the role of the first meeting in treatment.

### **Do we meet again?**

What exactly is a consultation? Do we ever say, no”!?

Of all the gin joints in the world, why did you walk into mine?

How do we know if we are right for each other?

When do we see each other again? How often do we meet?

When do we talk about the “business” of therapy?

Should there be policies?

What about the money? Talking about money!! Fees!!

#### **Learning Objective**

Students will describe and discuss the complexities of the business aspects of analytic practice. They will discuss implications for treatment using clinical vignettes.

How important is history?

What is a detailed inquiry?

What is memory? What is truth?

#### **Learning Objective**

Students will describe and compare different methods of data gathering, initial interview and history taking. They will use the detailed inquiry process and demonstrate case material.

### **What are we doing anyway? And how do we work together?**

What is therapy? What is psychoanalysis? Is there a difference?

What makes this work, work? Is change possible?

What do we two do now?

What is memory? What is truth?

#### **Learning Objective**

Students will compare and contrast different levels of therapeutic intervention and explain therapeutic action utilizing multimedia experiences along with case material.

What about dreams?

The intimidation of the dream: Are night dreams more important than day dreams?

#### **Learning Objective**

Students will discuss and explain the role that dreams play in psychoanalysis and analyze dream material.

## **What am I supposed to do here?**

Are interpersonal and relational really different?

### **Learning Objective**

Students will describe and compare the interpersonal and relational models of psychoanalysis. They will discuss therapeutic technique, and the relationship between theory and practice.

Is there such a thing as technique? Where do I learn it?

How does theory inform technique?

### **Learning Objective**

Students will recognize differences among clinical diagnoses and describe current analytic concepts of self, character, and the unconscious. They will compare how evolving concepts influence treatment across theoretical orientations in contemporary psychoanalysis.

The analyst's participation in the treatment. What exactly is mutuality?

Authenticity? How about self disclosure? What about analytic neutrality?

### **Learning Objective**

Students will describe aspects of therapeutic praxis and compare and contrast ideas about self-disclosure, authenticity and analytic neutrality.

**I know you! I know how you feel!**

**I've heard this all before:**

**Assumptions, values and prejudices.**

**I don't know you at all...you're freaking me out!**

The tyranny of the familiar, the third rail of assumptions.

The new and the unfamiliar.

What's culture got to do with it? What about race and gender?

Who is this person anyway, she is nothing like me, how can I help her?

Beware of the label, read the small print!

Character and diagnosis.

### **Learning Objective**

Students will examine their judgments, biases, and cultural values to explore how the analyst's subjectivity impacts treatment.

**What's love got to do with it?**

What do we feel for each other?

What kind of relationship is this anyway?

This can't be attraction...it must be countertransference.

### **Learning Objective**

Students will gain increased awareness of their own countertransference.

What is empathy?

What is shared experience?

What is pain? Can we share pain?

### **Learning Objective**

Students will recognize and describe concepts of empathy, pain, mutuality, and shared experience. Synthesizing the case materials and readings, students will formulate views of therapeutic action.

### **The Wired Patient and The Electronic Analyst**

A slow speed practice in a high-speed world. How does technology effect the analytic relationship?

To skype or not to skype.

#### **Learning Objective**

Students will identify and describe the way(s) technology use impacts the analytic relationship. They will compare the effects of in person a remote session on both the patient and the analyst

### **Little or no side effects: The Role of Psychopharmacology in Psychoanalysis.**

When is medication helpful? How are we involved?

How much do we need to know...about drugs?

#### **Learning Objective**

Students will review the data on the impact of medication on treatment. They will present clinical vignettes that further demonstrate the effects of psycho pharmacological intervention.

### **Stuff happens.**

Life goes on during the treatment...yours, mine and ours.

In sickness and in health, are we in this together?

#### **Learning Objective**

Students will identify and describe unpredictable and sometimes tragic experiences in the personal lives of both patient and analyst and their impact(s) on treatment.

### **How will I learn to live without you?**

Is there a relational termination? How and when?

Saying Good-bye.

#### **Learning Objective**

Students will compare and describe ideas about the process of termination. They will discuss methods of evaluating treatment success and identify the analyst's personal feelings when a treatment comes to an end.

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### **Selected Readings:**

Seminar readings and video will be selected from, but not limited to, the list below.

Ahktar, S. (Ed.). (2012). *Between hours: A collection of poems by psychoanalysts*. London: Karnac Books, Ltd.

Ahktar, S. (2013). *Psychoanalytic listening: Methods, limits and innovations*. London: Karnac Books, Ltd.

Alpert, J.L. (2017). The witnessing gaze turned inward: Legacies of sexual violence. In S. Grand and J. Salberg (Eds.). *The ethical turn: Otherness and subjectivity in contemporary psychoanalysis*. London: Routledge.

Aron, L. (1996). *A Meeting of Minds*. Hillsdale, NJ: The Analytic Press.

Aron, L. (2005). On the unique contributions of the interpersonal approach to interaction: A discussion of Steve Mitchell's "Ideas of interaction in psychoanalysis." *Contemporary Psychoanalysis*, 41, 21-34.

Atlas, G. (2016). *The enigma of desire: Sex, longing and belonging in psychoanalysis*. New York, NY: Routledge.

Bandini, L. (2011). The good job: Financial anxiety, class envy and drudgery in beginning a private analytic practice. *Contemporary Psychoanalysis*, 47, 101-117.

Barnett, J. (1981). Interpersonal processes, cognition and the analysis of character. *Contemporary Psychoanalysis*, 16, 397-416.

Bass, A. (2001). It takes one to know one, or, whose unconscious is it anyway? *Psychoanalytic Dialogues*, 11, 683-702.

Basescu, S. (1977). Anxieties in the analyst: An autobiographical account. In K. Frank (Ed.), *The human dimension in psychoanalytic practice* (pp153-163). New York, NY: Grune and Stratton.

Basescu, S. (1987). Behind the seens. *Psychoanalytic Psychoanalysis*, 4, 255-265.

Beltsiou, J. (2016). *Immigration in psychoanalysis: Locating ourselves*. New York, NY: Routledge.

Benjamin, J. (2018). *Beyond doer and done to*. London and New York: Routledge.

Berman, E. (2001). Psychoanalysis and life. *Psychoanalytic Quarterly*, 70, 34-65.

Black, M. J. (2013). Remembrance of things past: In celebration of the publication of object relations in psychoanalytic theory. *Contemporary Psychoanalysis*, 49(1), 18-26.

Bolognini, S. (2008). *Secret passages: The theory and technique of interpsychic relations*. London: Routledge.

Bromberg, P. (2006). *Awakening the dreamer: Clinical journeys*. Hillsdale, NJ: The Analytic Press.

Carr, D. (2008). *The night of the gun*. New York, NY: Simon and Shuster. (Or, *New York Times Magazine* excerpt, July 20, 2008.)

Casement, P.J. (1985, 1991). *Learning from the patient*. New York, NY: Guilford Press.

Casement, P.J. (2002). *Learning from our mistakes: Beyond dogma in psychoanalysis and psychotherapy*. New York, NY: Guilford Press.

Ceccoli, V.C. (2004). Finding home in an(other): Relational chemistry and its psychoanalytic derivations. *Psychoanalytic Dialogues*, 14(3), 337-348.

Crowley, R. (1952/1995). Human reactions of analysts to patients. In

D. Stern, C.H. Mann, S. Kantor and G. Schlesinger (Eds.), (pp.73-81). Hillsdale, New Jersey : The Analytic Press.

Dyson, M.E. (2017). *Tears we cannot shed: A sermon to white America*. New York, NY: St. Martin's Press

Ehrenberg, D.B. (1992). *The intimate edge*. New York, NY: Norton.

Epstein, M. (2007). *Psychotherapy without the self: A Buddhist perspective*. New Haven, CT: Yale University Press

Fiscalini, J. S. (2004). *Co participant psychoanalysis*. New York, NY: Columbia University Press.

Freeman, J. (2009) *The tyranny of email*. New York, NY: Scribner.

Gawande, A. (2014). *Being mortal: Medicine and what matters in the end*. New York, NY: Picador, Metropolitan Books, Henry Holt and Co.

Gerald, M. (2016). The relational image: Creating a psychoanalytic photographic portrait. *Psychoanalytic Psychology*, 33, S198 - S214.

Gerson, B. (1996). *The therapist as a person: Life crises, life choices, life experiences, and their effects on treatment*. Hillsdale, NJ: The Analytic Press.

Gill, M. (1994). *Psychoanalysis in transition*. Hillsdale, NJ: The Analytic Press

Glennon, S. (2016). The one sidedness of a dialogue between neuroscience and psychoanalysis. *Psychoanalytic Dialogues*,

Glennon, S. (in press). Looking back through 38 years of practicing relational psychoanalysis in search of answers to the question of interminability. In *Relational therapy interminable*, Lord, S. (Ed.)

Goren, E.R. (1995). Review essay: Narcissism and the interpersonal self. J. Fiscalini and A. Grey (Eds.) *Psychoanalytic Psychology*, 12, 329-342.

- Goren, E. (2011). *Beyond the reach of ladders*. London. Open Gate Press
- Grand, S. (2010). *The hero in the mirror*. New York, NY: Routledge.
- Grey, C.C. (1993). Culture, character and the analytic engagement: toward a subversive psychoanalysis. *Contemporary Psychoanalysis*, 29, 487-502.
- Greenson, R. (1977). The "Impossible" profession. K. Frank (Ed.) *The human dimension in psychoanalytic practice* (99-114). New York, NY: Grune and Stratton.
- Havens, L. (1993). *Coming to life: Reflections on the art of psychotherapy*. Cambridge, MA: Oxford University Press.
- Helm, F.L., (2000). A Continuum of listening and interventions. *Psychoanalytic Psychology*, 17, 730-749.
- Hirsch, I. (2015). *The interpersonal tradition: The origins of psychoanalytic subjectivity*. New York, NY: Routledge.
- Hoffman, I.Z. (1998). *Ritual and spontaneity in psychoanalytic practice*. Hillsdale, NJ: The Analytic Press.
- Hoffman, I. Z. (1999) At death's door: Therapists and patients as agents. *Psychoanalytic Dialogues*, 10, 823-846.
- Horowitz, A. (2013). *On looking: Eleven walks with expert eyes*. New York, NY: Scribner.
- Hunter, V. (1994). *Psychoanalysts talk*. New York, NY: Guilford Press.
- Layton, L., Hollander, N.C., Gutwill, S. (Eds.) (2006). *Psychoanalysis, class and politics: Encounters in the clinical setting*. London: Routledge.
- Itzkowitz, S. (2006). Discussion of Fiscalini's "Coparticipant inquiry." *Contemporary Psychoanalysis*, 42, 453-462.
- Josephs, L. (2004). Seduced by affluence: How material envy strains the analytic relationship. *Contemporary Psychoanalysis*, 40, 389-408.
- Karr, M. (2009) *Lit: A memoir*. New York, NY: Harper Collins.
- Kates, E. (Ed.) (1997). *On the couch: Great American stories about therapy*. New York, NY: The Atlantic Monthly Press.

- Kuchuck, S. (Ed.) (2014). *Clinical implications of the psychoanalyst's life Experience: When the personal becomes professional*. New York, NY: Routledge.
- Leary, K. (2000). Racial enactments in dynamic treatment. *Psychoanalytic Dialogues*, 10:639-653.
- Lesser, R. (1978). Theory of the self in contemporary psychoanalysis (A symposium). *Contemporary Psychoanalysis*, 14, 545-548, 585-590.
- Lesser, R. (1978). Sibling transference and countertransference. *Journal of the American Academy of psychoanalysis*, 6, 37-49.
- Lesser, R. (1992). Frommian therapeutic practice: "A few rich hours." *Contemporary Psychoanalysis*, 28, 483-494.
- Levenson, E. (2000). An interpersonal perspective on dreams. *Psychoanalytic Dialogues*.10,119-125.
- Levenson, E. (2005). Interview. *Contemporary Psychoanalysis*, 41(4) Special Issue.
- Levenson, E.A. (2018) *Interpersonal Psychoanalysis and the Enigma of Consciousness*. New York: Routledge.
- Levine, L. (2016). Mutual vulnerability: Intimacy, psychic collisions, and the shards of trauma. *Psychoanalytic Dialogues*, 26: a571-579.
- Lewis, B. (2011). *Narrative psychiatry*. Maryland: John Hopkins University Press.
- Lionells, M., Fiscalini, J., Mann, C., & Stern, S.B. (Eds.). (1995). *Handbook of interpersonal psychoanalysis*. Hillsdale, NJ: The Analytic Press.
- Lippmann, P. (2002). Dreams, psychoanalysis and the emergent economic electronic culture. *International Forum of Psychoanalysis*. 11: 27-32.
- Liss-Levinson, N. (1990). Money matters and the woman analyst: In a different voice. *Psychoanalytic Psychology* (7s: 119-130).
- Locker, B. (2004). One plus one equals one: Money matters in same sex relationships (pp.157–173). In A . D' Ercole and J. Drescher (Eds.),. *Uncoupling convention: Psychoanalytic approaches to same sex couples and families*. Hillsdale, NJ: The Analytic Press.

- Locker, B. (2007). *The end of mommy: What happens in psychoanalysis when the analyst's mother dies?* Paper presented at the International Association of Relational Psychoanalysis and psychotherapy, Athens, Greece.
- Maroda, K. (1999). Reflections on Benjamin Wolstein, personal analysis and co-participation. *Contemporary Psychoanalysis*, 36, 241-249.
- Meissner, W.W. (2000). The many faces of analytic interaction. *Psychoanalytic Psychology*, 17, 512-546.
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- Mitchell, S.A. (1995). Interaction in the Kleinian and interpersonal traditions. *Contemporary Psychoanalysis*, 31-65.
- Myers, K. (2008). Show me the money. *Contemporary Psychoanalysis*, 44, 119-140.
- Ogden, T.H. (2012). *Creative Readings: Essays on Seminal Readings in Psychoanalysis*. London: Routledge.
- Parker, I. (1997). Psychoanalytic cyberspace, beyond psychology. *The Psychoanalytic Review*, 94, 63-82.
- Philipson, I. (2017). The last public psychoanalyst: Why Fromm matters in the 21<sup>st</sup> century. *Psychoanalytic Perspectives*, 14, 52-74.
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- Ragen, T. (2008). *The consulting room and beyond: Psychoanalytic work and its reverberations in the analyst's life*. Hillsdale, NJ: The Analytic Press.
- Renik, O. (1995). The ideal of the anonymous analyst and the problem of self disclosure. *Psychoanalytic Quarterly*, 64, 466-495.
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Samuels, A. (2004). Politics on the couch: Psychotherapy and society-some possibilities and some limitations. *Psychoanalytic Dialogues*, 14(6), 817-834.

Sandler, J., Dare, C., Holder, A. (1973). *The Patient and the analyst: The basis of the psychoanalytic process*. New York, IUP.

Saul, L.J. (1951). A note on the telephone as a technical aid. *Psychoanalytic Quarterly*, 20, 287-290.

Schalchet, B. (1991). The impact of life on psychoanalytic theory. In H. Siegel, L. Barbanel, I. Hirsh, J. Lasky, H. Silverman and S. Warshaw (Eds.), *Psychoanalytic Reflections on Current Issues* (pp. 197-205). New York, NY: New York University Press.

Searles, H.F. (1979). *Countertransference*. Madison, CN: International Universities Press.

Shinder, J. (Ed.) (2000) *Tales from the Couch: Writers on therapy*. New York: Harper Collins.

Singer, E. (1965). *Key concepts in psychotherapy*. New York: Basic Books.

Singer, E. (1971/1995). The patient aids the analyst: Some clinical and theoretical observations. In D. Stern, C.H. Mann. S. Kantor and G. Schlesinger (Eds.), *Pioneers of interpersonal psychoanalysis* (pp. 155-168). Hillsdale, NJ: The Analytic Press.

Singer, E. (1977). The fiction of analytic anonymity. In K. Frank (Ed.), *The human dimension in psychoanalytic practice* (pp 181-192). New York, NY: Grune and Stratton.

Singer, M. (2018). All things possible. *Psychoanalytic Dialogues*, 28, 323-329.

Stern, D.S. (1997). *Unformulated Experience*. Hillsdale, NJ: The Analytic Press

Stein, G. (2008). *The art of racing in the rain*. New York: Harper Collins.

White, C. (2004). What dare we (not) do? Psychoanalysis: A voice in politics?

*Psychoanalytic Perspectives*, 2(1),49-55.

White, K.P. (2002). Surviving hate and being hated: Some personal thoughts about racism from a psychoanalytic perspective. *Contemporary Psychoanalysis*, 38, 401-422.

Whitman-Raymond, L.M.,(2009).The influence of class in the therapeutic dyad. *Contemporary Psychoanalysis*, 45, 429-443.

Wilner, W. (1998). Working experientially in psychoanalysis. *Contemporary Psychoanalysis*, 34, 591-596.

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Wolstein, B. (1989). Ferenczi, Freud and the origins of American interpersonal relations. *Contemporary Psychoanalysis*, 25, 672-676.

Wolstein, B. (1983). The first person in interpersonal relationships. *Contemporary Psychoanalysis*, 26, 635-653.

Wolstein, B. (1975) Countertransference: The psychoanalyst's shared experience and inquiry with the patient. *Journal of the American Academy of Psychoanalysis*. 3, 77-90.

Yalom, I. D. (2003). *The gift of therapy*. New York: Harper Collins.

Yalom, I. (1999). *Momma and the meaning of life: tales of psychotherapy*. New York: Basic Books.

Zucker, H. (1989). Premises of interpersonal theory. *Psychoanalytic Psychology*. 6, 401-419.

Zucker, H. (1993). Reality: Can it be only yours or mine? *Contemporary Psychoanalysis*. 29:479-486.

**Films**

*Black Klansman*

*Cinema Paradiso*

*Finding Nemo*

*Her*

*Lars and the Real Girl*

*Moonlight*

*Talk to Her*

*The Visitor*

**Plays**

*American Son* Christopher Demos-Brown

*Other Desert Cities* Jon Robin Baitz

*Sweat* Lynne Nottage

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