

**JUNGIAN WAYS OF WORKING WITH IMAGES:
INTERPRETATIVE AND EXPERIENTIAL TECHNIQUES**
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1 Credit

The Independent Group at NYU Postdoc exists to offer courses from psychoanalytic perspectives that would otherwise be unavailable to candidates in the Freudian, Interpersonal, and Relational Tracks. Consistent with that purpose, this is a 1-credit course on “Jungian Ways of Working with Images.” Jungian psychology is a distinctive psychoanalytic psychology. It is an “imaginal psychology” – a psychology that emphasizes images and the imagination. This course offers an opportunity to exercise and explore the imagination. Vitaly important images emerge spontaneously, autonomously, and purposively from the unconscious. These images do so in an effort to contact and impact the ego and, in the process, transform the psyche. They are “images of transformation.” Candidates will learn how to apply contemporary Jungian techniques to images in the dreams and fantasies of patients. They will learn how to interpret images accurately and to experience images immediately and intimately through the method of “active imagination.” They will learn how to evoke such images deliberately and how to engage them dialogically. “Imaginal dialogues” are one of the most important techniques in “psychoanalytic dialogues.” The practical value of images is that they furnish exquisitely precise information about the transformational dynamics of the psyche and provide quite specific guidance about interventions in the conduct of the psychoanalysis of particular patients. This is a course for candidates who would like to learn new and powerful psychoanalytic techniques in addition to those that are otherwise available to them at NYU Postdoc.

This class will take place over two weekends in the NYU Postdoc conference room (1 Washington Place, room 119). The class will meet on two Friday-Saturdays from 5:30 to 7:30 p.m. on the Fridays and from 9:30 a.m. to 2:30 p.m. on the Saturdays.

Readings will be distributed in advance, and candidates will be expected to read the materials before each weekend of the course.

First Friday: The Fantasy Principle

Evening Readings:

Ted Hughes, “The Thought-Fox” (poem)

The Scorpion (dream)

Adams, Michael Vannoy (2004), “The Fantasy Principle: Imaginal Psychology and the Dethroning of ‘Mr. Reality,’” in The Fantasy Principle: Psychoanalysis of the Imagination, Hove and New York: Brunner-Routledge, pp. 1-19.

First Saturday: The Way of the Image

Morning Reading:

Kaufmann, Yoram (2004) The Way of the Image, Brattleboro, VT: Assisi Foundation and New Orleans: Spring Journal.

Afternoon Readings:

The Lion in the Path (dream)

Adams, Michael Vannoy (2001), "African-American Dreaming and 'The Lion in the Path': Racism and the Cultural Unconscious," in The Mythological Unconscious, New York and London: Karnac, pp. 105-153.

Second Friday: Active Imagination

Evening Readings:

Quotations from Jung on Active Imagination (handout)

Von Franz, Marie-Louise (1993) "Active Imagination in the Psychology of C.G. Jung," in Psychotherapy, Boston and London: Shambhala, pp. 146-162.

Von Franz, Marie-Louise (1993) "On Active Imagination," in Psychotherapy, Boston and London: Shambhala, pp. 163-176.

Second Saturday: Imaginal Dialogues

Morning Reading:

Watkins, Mary (1986), "'The Characters Speak Because They Want To Speak': The Autonomy of the Imaginal Other," in Invisible Guests: The Development of Imaginal Dialogues, Hillsdale, NJ: Analytic Press, pp. 91-103.

Afternoon Reading:

Chiron the Centaur (slide show)

Adams, Michael Vannoy (2001), "'Hapless' the Centaur: An Archetypal Image, Amplification, and Active Imagination," in The Mythological Unconscious, New York and London: Karnac, pp. 155-192.

Additional Recommended Readings for the Course

Cohen, David, and MacKeith, Stephen A. (1991) The Development of Imagination: The Private Worlds of Childhood, London and New York: Routledge.

Jung, C.G. (1997) Jung on Active Imagination, ed. Joan Chodorow, Princeton: NJ: Princeton University Press.

Sells, Benjamin (ed.) (2000) Working with Images: The Theoretical Base of Archetypal Psychology, Woodstock, CT: Spring Publications.