

Treatment of Traumatic Dissociation and Dissociative Identity Disorder: Clinical & Theoretical Issues

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Syllabus

Week 1. Dissociation: A Model of the Psyche

Readings:

1. Howell, E. F. & Itzkowitz, S. (2016). The Dissociative Mind In Psychoanalysis: Understanding & Working With Trauma. NY: Routledge. Chapter 1, "*Is Trauma—Analysis Psycho-Analysis?*"
2. Howell, E. F. & Itzkowitz, S. (2016). The Dissociative Mind In Psychoanalysis: Understanding & Working With Trauma. NY: Routledge. Chapter 3. "*The Everywhereness of Trauma and the Dissociative Structuring of the Mind.*"
3. Itzkowitz, S. (2015). The dissociative turn in psychoanalysis. *The American Journal of Psychoanalysis*, 75(2), 145-153.

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Supplemental Readings (Not Required):

Herman, J. L. (1992). *Trauma and recovery: The aftermath of violence from domestic abuse to political terror*. New York, NY: Basic Books.

Howell, E. (2005) *The Dissociative Mind* Hillsdale, NJ: The Analytic Press.
Chapter 1, Dissociation: A Model of the Psyche, pp. 14-37

Laub, D., & Auerhahn, N. C. (1989). Failed empathy--a central theme in the survivor's holocaust experience. *Psychoanalytic Psychology*, 6(4), 377.

Howell, (2011), *Understanding and Treating Dissociative Identity Disorder*. NY Taylor & Francis

a) Introduction: pp. 3-8.

b) Chapter 2: The Dynamic Unconscious and the Dissociative Structure of the Mind, pp. 27-38, sections on Relationality and Multiplicity, Dissociative multiplicity, and The construct of the unconscious.

E. F. Howell, & S. Itzkowitz, (Eds.). *The Dissociative Mind In Psychoanalysis: Understanding & Working With Trauma*. NY: Routledge. Chapter 14.

Terr, L. C. (1990). *Too scared to cry: How trauma affects children and ultimately us all*. New York: Basic Books.

Terr, L.C. (1994). *Unchained memories*. New York: Basic Books

Perry, B. D. (1999). The memory of states: How the brain stores and retrieves traumatic experience. In J. Goodwin & R. Attias (Eds.), *Splintered reflections: Images of the body in treatment*. (pp. 9-38). New York: Basic Books.

Stern, D. B. (1997). *Unformulated Experience: From Dissociation To Imagination In Psychoanalysis*. Hillsdale, NJ: Analytic

Stern, D. (2010). *Partners In Thought*. NY: Taylor & Francis Chapter 1

Week 2. Early History of DID

Readings:

1. Howell, E. F. & Itzkowitz, S. (2016). *The Dissociative Mind In Psychoanalysis: Understanding & Working With Trauma*. NY: Routledge. Chapter 2. *"From Trauma-Analysis to Psycho-Analysis And Back Again."*
2. Howell, E. (2011) *Understanding and Treating Dissociative Identity Disorder*. NY: Taylor & Francis. **Chapter 2:** The Dynamic Unconscious and the Dissociative Structure of the Mind, pp. 38-54, "DID as the Cheshire Cat: Now you see it, now you don't: The Social and

Historical Context that Shaped our Understanding of DID.”

Brief Video Presentation - Itzkowitz

Supplemental Readings (Not Required):

Ferenczi, S. (1931). *Child Analysis in the Analysis of Adults*.

Fairbairn, W. R. D. (1935), Child assault. In *From Instinct To Self: Selected papers of W.R.D. Fairbairn., vol. II.* (Eds.) E.F. Birtles, & D.E. Scharff. Northvale, NJ: Jason Aronson, 1994, pp. 165-183.

Van der Hart, O. & Friedman, B. (1989). A readers guide to Pierre Janet on dissociation: A neglected intellectual heritage. *Dissociation*, 2(1), 3-15.

Van der Hart, O., Nijenhuis, E.R.S., Steele, K. Brown, D. (2004), Trauma-related dissociation: Conceptual clarity, lost and found. *Australian and New Zealand Journal of Psychiatry*, V. 38.

Moskowitz, Read, Farrelly, Rudegeair & Weilliams (2007). Are psychotic symptoms traumatic in origin and dissociative in kind? In: Dell, P. F. & O’Neil, J. A., (Eds.), *Dissociation and the dissociative disorders: DSM-V and beyond*. (Chapter 34). New York: Routledge.

Bleuler, E. (1950). *Dementia praecox or the group of schizophrenias* (J. Zinkin, Trans.). New York, NY: International Universities Press. (Original work published 1911)

Week 3. Dissociated Self-States, Trauma, and Disorganized Attachment in DID

Readings:

1. Liotti, G. (2006): A Model of Dissociation Based on Attachment Theory and Research. *Journal of Trauma & Dissociation*, 7(4), 55-73.

2. Howell, E. F. (2016). Understanding and Treating Dissociative Identity Disorder: A Relational Approach. NY: Routledge. Chapter 1 The Lives and Psychotherapy of Three People with DID, pp. 15-26.

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Supplemental Readings (Not Required):

Lyons-Ruth, (2001). The two-person construction of defenses: Disorganized Attachment Strategies, Unintegrated Mental States, and Hostile/Helpless Relational Processes. *Psychologist Psychoanalyst*, 21(1), 40–45.

Liotti, G. (1992), Disorganized/disoriented attachment in the etiology of the dissociative disorders. *Dissociation*. 5: 196-204.

Howell, E. F. (1996). Dissociation in masochism and psychopathic sadism. *Contemporary Psychoanalysis*, 32(3), 427–453.

Week 4. Interpersonal Contributions, Relational Tradition, and Trauma

Readings:

1. Howell, E. (2005) *The Dissociative Mind* Hillsdale, NJ: The Analytic Press. Chapter 4 pp. 92-120: Interpersonal Contributions and Relational Traditions: Sullivan, Bromberg, Davies and Frawley-O'Dea and Stern.
2. Bromberg, P. (2008) *Shrinking the Tsunami: Affect Regulation, Dissociation and the Shadow of the Flood*. *Contemporary Psychoanalysis* 44: 329-350.
3. Howell, E.F. (2014). Ferenczi's concept of identification with the aggressor: Understanding dissociative structure with interacting victim and abuser self-states. *The American Journal of Psychoanalysis*, 74, (48-59).

Supplemental Readings (Not Required):

Hirsch, I. (1994). Dissociation and the Interpersonal Self Contemporary Psychoanalysis 30: 777-799

Sullivan, H. S. 1964 The illusion of personal individuality In: The Fusion of Psychiatry and Social Science New York: W. W. Norton and Company.

Bromberg, P. (1993). Shadow and substance: A relational perspective on clinical process. In P. Bromberg (Ed.), *Standing in the spaces: Essays on clinical process, trauma, and dissociation* (pp. 165–187). Hillsdale, NJ: Analytic Press.

Petrucci, J. (2016). “Who Moved My ‘Swiss’ Cheese? Eating Disorders and the Use of Dissociation as an Attempt to Fill in the ‘Whole’”. In E.F. Howell & S. Itzkowitz, (Eds.), *The Dissociative Mind In Psychoanalysis: Understanding & Working with Trauma* (pp. 163-174). NY: Routledge.

Week. 5. Dreams In DID

Readings:

1. Howell, E. (2011). *Understanding and Treating Dissociative Identity Disorder: A Relational Approach*, Ch. 13: Dreams in DID.
2. Itzkowitz, S. (2017). A Dream As An Internal Enactment of Trauma- The Impact On the Analyst’s Self. In J. Petrucci, & S. Schoen (Eds.), *Unknowable, Unspeakable & Unsprung* (Chapter 12). NY: Routledge.

Supplemental Readings (Not Required):

Barrett, D. L. (1994), The Dream Character As A Prototype For the Multiple Personality “Alter.” In: *Dissociation*, ed. S. J. Lynn & J. Rhue. Washington, DC: American Psychological Association Press, pp. 123–135.

Kluft, R. (2016). Thoughts on working with the dreams of DID and

DDNOS patients. In E. F. Howell & S. Itzkowitz (Eds.), *The dissociative mind in psychoanalysis: Understanding and treating trauma* (Chapter 13). NY: Routledge.

Barret, D.L. (1996), Dreams in Multiple Personality Disorder. In: Trauma and Dreams, ed. D. Barrett. Cambridge, MA: Harvard University Press, pp.68–81.

Week 6. Special Issue: Psychopathy and Dissociation

Readings:

1. Itzkowitz, S. (2018). Psychopathy and Human Evil: An Overview. *Contemporary Psychoanalysis*, , 54(1), 40-63.
2. Howell, E.F. (2018). Outsiders to love: The psychopathic character and dilemma. *Contemporary Psychoanalysis*, 54(1), 19-39.

Supplemental Readings (Not Required):

Howell, E.F. and Itzkowitz, S. (Eds). (2018). Psychopathy and Human Evil; Special Issue of *Contemporary Psychoanalysis*, 54(1).

Itzkowitz, S. & Howell, E.F. (in progress, expected pub, 2019), *Psychopathy and Human Evil: Psychoanalytic Explorations*. New York, NY: Routledge.