

Darlene Bregman Ehrenberg, Ph.D. - Syllabus 2016-17a for NYU Post-Doc

Special focus will be on how one uses oneself to work at what I call the “intimate edge” of the relationship and how this can open the work in unique ways and lead in directions that might not be possible otherwise. Particular attention will be given to issues of vulnerability and desire in patient and in analyst. Participants are invited to bring in their own case material and/or I can provide detailed process examples as a springboard for discussion. There will also be opportunity to clarify how this is different from other ways of working. I am open to the specific interests of participants and to including other readings. The goal is to have a lively and vital dialogue that will be meaningful and stimulating for all, to engage subtleties of the interactive experience between analyst and patient that often are hard to talk about, and to consider how to “open” the work in ways that can be transforming for both patient and analyst.

As primary text I would like to use some of the chapters of my book:

Ehrenberg, D. B. 1992 - *THE INTIMATE EDGE: Extending the reach of psychoanalytic interaction*. New York: W. W. Norton and Company, Inc.

Additional possible readings, if the group is interested (I can provide copies of these and we can decide together which ones to read and I can also provide a complete list of publications copies of those papers if anyone would like that):

Ehrenberg, D. B. 1974 - The intimate edge in therapeutic relatedness, *Contemporary Psychoanalysis*, 10: 423-37.

Ehrenberg, D. B. 1995a - Countertransference Disclosure. Discussion: Panel on "Self Disclosure: Therapeutic Tool or Self Indulgence." *Contemporary Psychoanalysis*, Vol. 31, No. 2, pp. 213-228.

Ehrenberg, D. B. 1982 - Psychoanalytic engagement: The transaction as primary data, *Contemporary Psychoanalysis*, 18: 535-555.

Ehrenberg, D. B. 1984 - Psychoanalytic Engagement II: Affective considerations, *Contemporary Psychoanalysis*, 20:560-583.

Ehrenberg, D. B. 1985 - Countertransference Resistance, *Contemporary Psychoanalysis*, 21:563-576.

Ehrenberg, D. B. 1996 - On the analyst's emotional availability and vulnerability. *Contemporary Psychoanalysis*, Vol 32, No. 2, pp. 275-286.

\*Ehrenberg, D. B. 2000 - Potential Impasse as Analytic Opportunity: Interactive Considerations *Contemporary Psychoanalysis*, Volume 36, Number 4, pp. 573-586.

\*Ehrenberg, D. B. 2003 -A radical shift in thinking about the change-process: Commentary (On the intersubjective turn in psychoanalysis). *Dialogues*, 13 (4) 581-605, (July, 2003).

Ehrenberg, D. B. 2004 –How I became a psychoanalyst –*Psychoanalytic Inquiry*, Vol. 24, No. 4, pp. 490-516

Ehrenberg, D. B. 2005a –Afterword Re: The intimate edge in therapeutic relatedness (originally published in 1974, in *Contemporary Psychoanalysis*, 10: 423-437,) Published in *Relational Psychoanalysis, Volume II: Innovation and Expansion*, Edited by Lewis Aron and Adrienne Harris, Hillsdale, NJ; The Analytic Press, pp. 17-28.

Ehrenberg, D. B. 2005b –Working at the “intimate edge”: Intersubjective considerations. Panel: Perspectives on a case study of power and the eroticized transference/countertransference interaction. *Psychoanalytic Inquiry*, Volume 25, No. 3, pp. 342-358.

Ehrenberg, D. B. 2006 - The Interpersonal/ Relational Interface: History, Context, and Personal Reflections, *Contemporary Psychoanalysis*, Volume 42, Number 4, 2006.

\*Ehrenberg, D. B. 2010 - Working at the “Intimate Edge,” *Contemporary Psychoanalysis*, 2010, Vol. 46, No.1, pp. 120-141.

Ehrenberg, D. B. 2012 -- Perspectives on different kinds of therapeutic process and therapeutic action: A discussion of interviews with and by Paul Wachtel – *Psychoanalytic Perspectives*, Vol. 9, pp. 1-9?

Ehrenberg, D. B. 2014- Finding one’s voice as an analyst – Commentary on Matt Aibel’s “Being railroaded: An analyst’s struggle to stay on track.” *Psychoanalytic Perspectives* 11: 2: 173-187.