Fall, 2016

**Syllabus: Winnicott**

In this course we will examine Winnicott’s contribution to current psychoanalytic theory and practice. In addition to reading selected papers of Winnicott’s, we will read a sampling of writings by other writers who have explicitly addressed and/or expanded on Winnicott's ideas. In each class we will discuss clinical issues in the context of Winnicott's thinking; one class will be devoted to case presentations.

I recommend that you purchase or download *Through Pediatrics to Psychoanalysis* and *The Maturational Processes and the Facilitating Environment* (these books are accessible on PEP). You also might want to purchase the Phillips biography (available in paperback).

I WILL ARRANGE FOR ALL OTHER READINGS TO BE XEROXED AND AVAILABLE FOR PICKUP AT **UPPER WEST SIDE COPY CENTER** (163 West 71st) 5 DAYS BEFORE CLASSES BEGIN.

CALL THEM TO MAKE SURE THEY'RE READY (212-496-7500).

**PLEASE LET ME KNOW ASAP IF YOU'RE DROPPING THE CLASS SO I DON'T ORDER A PACKET FOR YOU**

I follow the syllabus fairly closely, but we may move a bit more slowly or quickly depending on class interest. In addition to assigned readings, I’ve included recommended papers for each week. This division is open to revision as we go along.

**PLEASE READ THE SHORT ARTICLE ASSIGNED FOR WEEK 1 BEFORE WE MEET.**

**WINNICOTT HIMSELF AND EARLY FORMULATIONS**

**WEEK 1**


1941 The observation of infants in a set situation (pp.52-69)

Recommended:
Through Pediatrics: Introduction (Kahn--pp.xi-xxxxviii)
Chapter 2 (pp.19-61)

WEEK 2
1956 Primary maternal preoccupation (pp.300-305)

New York: IUP.
1960 The theory of the parent-infant relationship (pp.37-55)
1963 From dependence towards independence in the development of the individual (pp.83-92)

Recommended
1969 The mother-infant experience of mutuality (pp. 251-260)

Winnicott, D.W. Through Pediatrics to Psychoanalysis.
1945 Primitive emotional development (pp.145-156)

WINNICOTT & KLEIN
WEEK 3
1954-5 The depressive position in normal development (pp.262-277)

1962 A personal view of the Kleinian contribution (pp.171-178)
1963 The development of the capacity for concern (pp. 73-82)

Recommended:


VIEWS ON AGGRESSION
WEEK 4
Letters to: Hanna Segal (pp. 25-27), Melanie Klein (pp. 33-37), Roger Money-Kyrle (pp. 38-43), Herbert Rosenfeld (pp. 43-46), Anna Freud & Klein (pp. 71-74), Joan Riviere (pp. 94-97)

1956 The antisocial tendency (pp.306-315)

Recommended
1958 Psycho-analysis and the sense of guilt (pp.15-28)

1963 Psychotherapy of character disorders (pp. 203-216)

**TRANSITIONAL PHENOMENA & PLAY**

**WEEK 5**

1951 Transitional objects & transitional phenomena (pp.229-242)

1958 The capacity to be alone (pp. 29-36)

Playing: a theoretical statement (pp. 38-52)

Recommended:
1959 The fate of the transitional object (pp. 53-58)


**LATER CONTRIBUTIONS**

**WEEK 6**


Recommended
Living creatively (pp.39-54)


**TECHNIQUE: TRANSFERENCE & COUNTERTRANSFERENCE**


**WEEK 7**

1947 Hate in the countertransference (pp. 194-203)
1955 clinical varieties of transference (pp. 295-299)

1960 Counter-transference (158-165)

**Recommended**


**WEEK 8**

**LATER CONTRIBUTIONS**

1962 The aims of psycho-analytical treatment (166-170)

Expressive uses of the countertransference (pp. 200-236)

**Recommended**

Chapter 5: Malignancy and the bestiality of survival


**WEEK 9**


**Recommended**


**TRUE & FALSE SELF; REGRESSION**

**WEEK 10**

1960 Ego distortions in terms of true and false self (pp.140-152)

1954 Metapsychological and clinical aspects of regression within the Psychoanalytic set-up (pp.278-294)

1963 Dependence in infant-care, in child-care, and in the psycho-analytic setting (pp.249-260)

**Recommended**  

**WEEK 11**

1963 Fear of breakdown (pp. 87-95)  
1968 Interpretation in psycho-analysis (pp. 207-212)


**Recommended:**  


1964 The importance of the setting in meeting regression in psycho-analysis (pp. 96-102)

**LATER CONTRIBUTIONS**

**WEEK 12**

Dread of surrender to resourceless dependence in the analytic situation (pp. 270-279)
Chapter 5 (Psychotherapy with D.W., pp.41-71)

Ordinary regression to dependence. (pp. 256-274).

Recommended

Regression and integration in the analytic setting. (pp.136-167)

**WEEK 13**


Recommended


**WEEK 14**
No reading: Case presentations

**THE USE OF AN OBJECT**

**WEEK 15**
The use of an object and relating through identifications (pp. 86-94)


Recommended: