In this year’s seminar we will concentrate on clinical controversies within relational-interpersonal psychoanalysis with an eye toward finding where each of us may come down on issues of expressiveness, restraint, disclosure, influence, gratification, and more. Texts will be used to stimulate and provoke candidate’s thinking about their own evolving views on these issues.

Class runs 2hrs 15 mins.
Jan 30; Feb 6; Feb 13; Feb 20; Feb 27; March 6; March 13 (Seven Meetings)

Week 1: Between Expressiveness & Restraint


Learning Objective: Participants will be able to demonstrate and explain differences between approaches emphasizing expressiveness and those emphasizing restraint.

Week 2: Expressiveness & Restraint


Learning Objective: Participants will be able to compare obtrusive with nonobtrusive analytic involvement.

Week 3: Mistakes Were Made


Learning Objective: Participants will be able to critique the concept of analytic “mistakes”.

Week 4: Influence and Gratification


Learning Objective: Participants will assess the benefits of analytic influence and gratification.

Week 5: Technique


Learning Objective: Participants will be able to demonstrate and identify relational technique.

Week 6: Love & Sex


Learning Objective: Participants will be able to critique disclosure of erotic feelings in the countertransference.

Week 7: More Love & Sex


Learning Objective: Participants will be able to analyze the relative benefits of self-disclosure.