Essentially Interpersonal:
Understanding Relational Theory from its Interpersonal Psychoanalytic Roots
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Fall 2018 (Six Mondays, 11am-1:10pm: 11/5,12,19,26,12/3)

In this course we examine the foundations of Interpersonal Psychoanalysis with an eye toward key Interpersonal papers and concepts that shifted and redefined the practice of psychoanalysis ultimately becoming the basis and the ancestors of, Interpersonal/Relational Theory.

(Not all readings listed will be assigned. The interests of the class will influence what we read and some members of the class will read different papers for in class presentations.)

Class 1. Introduction-Early history --- Participant Observation


Learning Objective: To be able to trace the history of the development of the concept of participant observation and subjectivity.

Class 2. Early Papers---Mutuality, Co-participation, Subjectivity

Sandor Ferenczi (1873-1933)

Otto Rank (1884-1939) “It is always easier to talk about the past because it is not present.”


Suggested reading:

Learning Objective: To develop a foundation for the concept of mutuality, coparticipation and subjectivity and their application to clinical work.

Class 3. Early Papers-

Harry Stack Sullivan (1892-1949)---Organization of Self, Anxiety, Selective Inattention and Dissociation


Suggested reading:

Clara Thompson (1893-1958)—*Analytic respect, Love and Feminism*


Suggested reading:


*Learning Objective:* To be able to trace Sullivan’s ideas about the organization of self, anxiety, selective inattention and dissociation and Thompson’s feminist critiques of psychoanalysis.

**Class 4. Early Papers—**

Erick Fromm (1900-1980)—*Anxiety and Freedom*


Frieda Fromm-Reichmann (1889-1957)


Learning Objective: To develop a working knowledge of Fromm’s views on anxiety and freedom and Fromm-Reichmann’s ideas regarding loneliness.

Class 5. Second Generation Interpersonalists

Tauber (1909-1988)---Analytic Participation, Dreams
Tauber, E. & Green, M.R. (1959) Prelogical Experience: An inquiry into dreams and other creative processes (pgs.113-126; 170-186)

Suggested Reading:
Contemp. Psychoanal., 15:201-201.

Edgar Levenson- Shifting the focus --what it all means to what is going on.

Suggested readings:

Singer, Irwin. (---) ---Self Disclosure

Wolstein, Benjamin (1922-1998)---Engagement of self and other, transformation


Suggested reading:

Learning Objective: To develop a working knowledge of second generation Interpersonalists and their views on transformation in the clinical relationship.

Class 6. Contemporary Contributions-

Ehrenberg---Intersubjectivity, Process, Use of Self


Donnel Stern---**Unformulated Experience, Trauma and Dissociation**


Hirsch---**Use of the self, Subjectivity**


**Suggested Readings:**


**Learning Objective:** To develop a foundational knowledge of how key clinical interpersonal concepts evolved and changed.